



HUMAN RIGHTS VIOLATION?

HOW TO APPROACH NATIONAL
HUMAN RIGHTS COMMISSION



The Protection of Human Rights Act, 1993 defines Human Rights as - the rights relating to life, liberty, equality and dignity of the individual guaranteed by the Constitution or embodied in the International Covenants and enforceable by courts in India.

To protect these rights, the **National Human Rights Commission (NHRC)** and **the State Human Rights Commissions (SHRC)** were established by the **Parliament.**



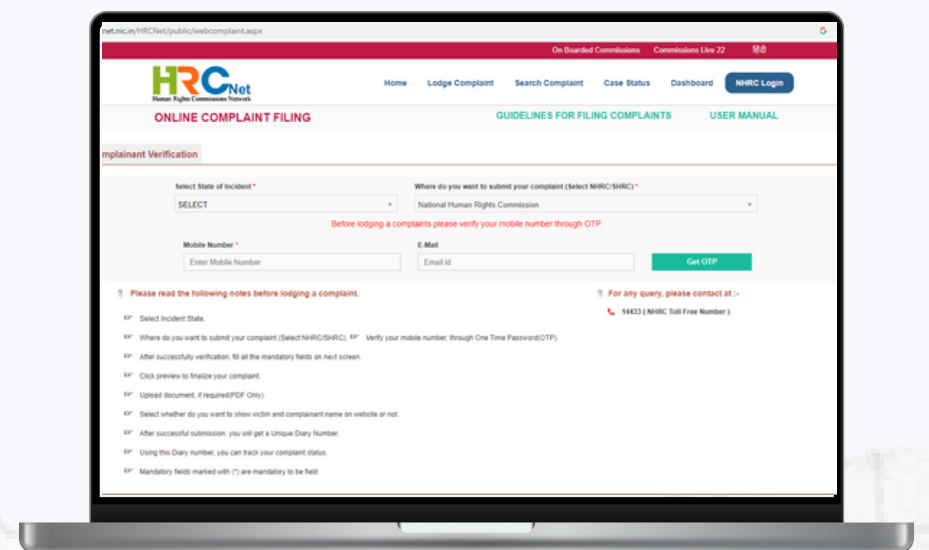
Online Complaint with NHRC

Complaint against any human rights violation can be filed with NHRC through their official website (<https://nhrc.nic.in/>). On the website, under the **Complaint section**, choose HRCNet Portal and choose the option of 'Lodge Complaint'.

(<https://hrcnet.nic.in/HRCNet/public/webcomplaint.aspx>)

The portal initially asks to complete the verification of the complainant by asking for State in which the incident took place, where the complainant wishes to submit the complaint (NHRC/SHRC) along with mobile number and email.

After the verification, the complaint can be filed after providing details of the complainant, victim, details of the incident, relief sought, etc.



Offline Complaint with NHRC



By Post: National Human Rights Commission,
Manav Adhikar Bhawan Block-C,
GPO Complex, INA, New Delhi – 110023



By Mail: cr.nhrc@nic.in



By Fax: 91-11-24651332



By Toll Free Helpline: 14433

Complaints Not **Ordinarily Entertained**

Commission may dismiss *in limini*, complaints of the following nature

- Illegible, vague, anonymous or frivolous
- Issue raised relates to civil disputes, service matters, labour/ industrial disputes etc
- Allegations do not make out any specific violation of human rights
- Matter is sub-judice before a Court or tribunal
- Matter is covered by a judicial verdict/decision of the Commission
- Outside the purview of the Commission on any other ground